



Headway – East Lothian

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Scott

Headway



- Helps people affected by brain injuries in East Lothian



Our social issue - Brain injuries



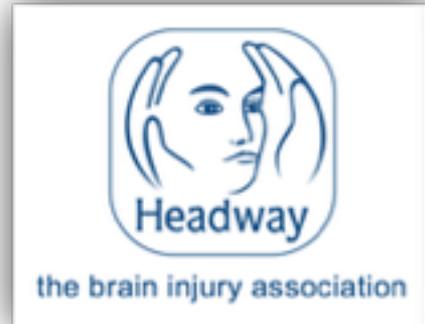
- Can be caused by numerous things e.g. road traffic accidents, a fall, penetration of the skull
- Symptoms of a severe head injury can include fits or seizures, difficulty speaking or staying awake, memory loss (amnesia) and difficulty with walking or co-ordination.
- Treatment of brain injuries involves constant observation, running tests and in some cases brain surgery.
- Strokes - occur when blood supply to brain is cut off.
- Around half the people who have a stroke will be dependant on some form of care for help with most daily activities.

Our social issue - Brain injuries



- Statistics:
- There were 348,934 UK admissions to hospital with acquired brain injury (ABI) in 2013-14.
- ABI admissions increased by 10% since 2005, strokes up by 9%.
- Every year, around 110,000 people have a stroke in England alone and it is the third largest cause of death, after heart disease and cancer. The brain injuries caused by strokes are a major cause of adult disability in the UK.
- Unfortunately, 1 in 4 people who have a stroke die.

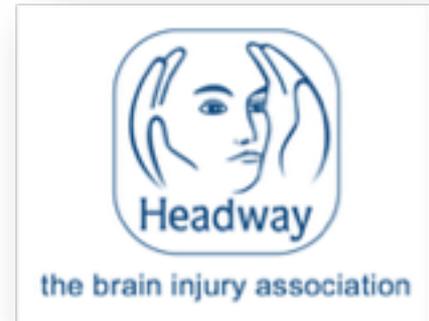
How brain injuries impact the community



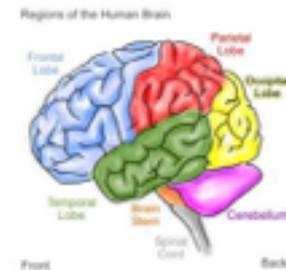
- Facilities suited for disabilities
- Some people with brain injuries are isolated as they struggle to leave their homes.
- Brain injury can cause emotional and behavioural problems so support is needed for family and friends which can be expensive.
- We chose this social issue because we feel like the issue has not been brought to people's attention as a serious issue.



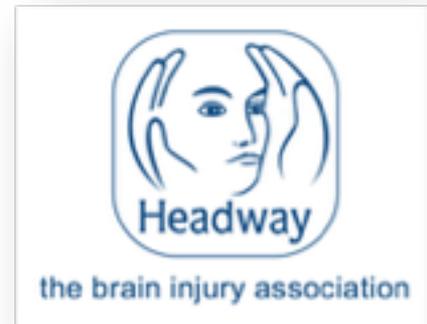
The Charity's background



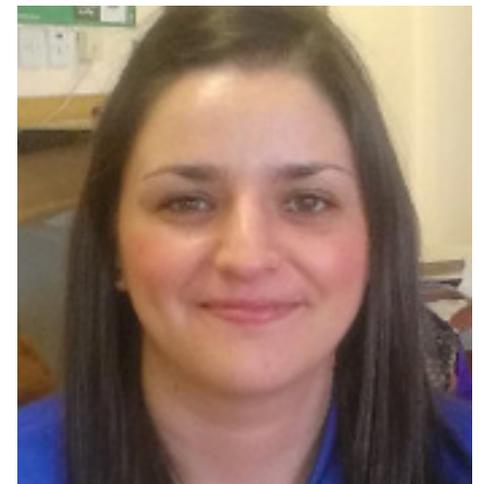
- Started 32 years ago in Britain.
- By family of someone affected by a brain injury in Nottingham.
- Started in East Lothian 12 years ago.
- Started because brain injuries are a hidden disability and are normally one of the last things treated after an accident.
- Earn around £9,000.
- Joyce Cattanach.



Headway's purpose and values



- They work to improve the quality of life of people who have suffered from brain injuries in East Lothian.
- They value people's human rights.
- They also value their volunteer's.



What Headway do for people with brain injuries and their families



- In East Lothian they have 3 weekly meetings .
- They provide travel.
- They work on people's social rehabilitation and communication.
- This includes memory games, physical exercise programs, music therapy projects, art therapy and drama therapy.
- They do this to try and allow people with brain injuries to have a family and a life.

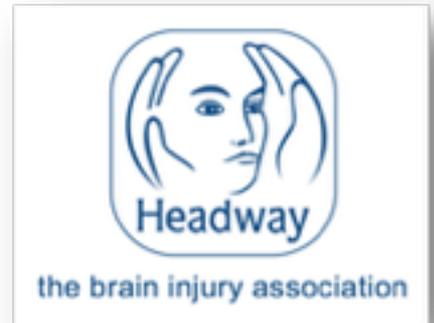
VIDEO



the brain injury association

<https://www.youtube.com/watch?v=ozn9B5QV8UA>

How effective Headway is at utilising resources

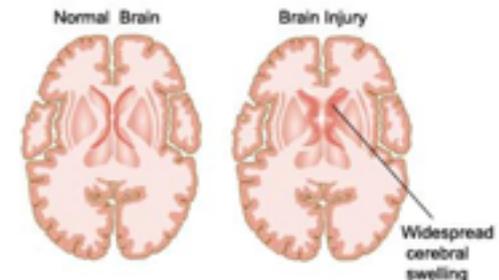


- Funds are used for transport, activities, hiring halls for weekly meetings etc.
- Currently, Headway have 8 part-time volunteers
- Volunteers help at weekly meetings to carry out the activities, they provide transport and they also help fundraise for the charity (e.g. bag packing).

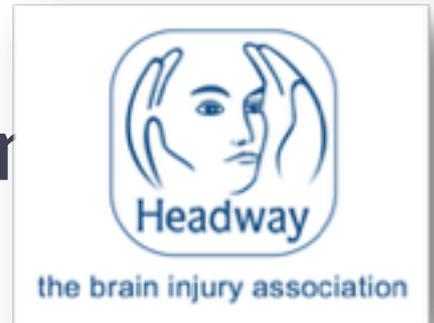
How Headway make people aware that they are there to help



- Hospitals have information on their charity so are able to refer people with brain injuries to Headway for support.
- Leaflets on Headway are given to people with brain injuries in their discharge pack when leaving hospital.
- They have a national helpline.
- They have a website and a Facebook page.



How they raise awareness of brain injuries to others



- They wrote a book about brain injury services in Edinburgh and East Lothian.
- They have representatives that go round primary schools and educate on the importance of wearing a cycle helmet.

Positive outcomes that Headway create for people in the local community



- They have improved peoples confidence and ability which has enabled them to:
 - Learn to walk or speak again
 - Pass their driving test
 - Beat social isolation
 - Make new friends
 - Improve their social interactions
 - To get into jobs and education



Long-term impacts that Headway makes



- They encourage people to take part in activities to avoid complete social isolation and depression.
- They provide referrals and on-going support to keep people healthy and out of hospital.
- Enable family members to continue working by giving them peace of mind.
- They raise awareness to try and prevent brain injury.
- Try and reduce the impact of brain injuries on peoples lives.

Our connection to Headway



- We believe that Headway provides an invaluable service and that by raising awareness of brain injuries they help a lot of people who are suffering from them.

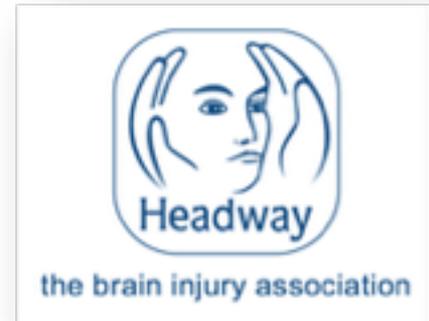


Impacts from our personal visit



- We visited our charity during the February holidays.
- We saw that at times supporting people with brain injuries is extremely difficult.
- Its important to talk to them and to play games with them – basically to treat them as they were before the injury.

How Headway would use the £3000



- Direct to services.
- To hire accessible buses for wheelchair users for trips.
- Activities such as Finger and Thumbs - North Berwick.
- Room hire for weekly meetings.
- It would cover a whole years activities.



Thank you for
listening!

Any questions?

