



Headway
East Lothian
SC10
Newsletter

www.headway-astlothian.org.uk



Issue 16/04

Honorary President
Dr Alasdair Fitzgerald

April 2016

Headway in Scotland Conference

The day was a great success; thanks to all who took the time to come along and join in the day; listen to the presentations and take part in the workshops. Thanks also to those whose art and craft work we displayed in our showcase; to Paul and Dominic who allowed me to show their art work and lyrical poetry.



A very special thank you and well done to Charlene who was so brave in taking to the stage to be interviewed about her brain Injury, how it has affected her and her family, how she became involved with Headway and where she is now in her life living with the ongoing effects of her brain injury. We must also express our thanks to all who organised the day and to Thompson's Solicitors who sponsored the whole event. The photo opposite shows Mary-Jane (Headway Glasgow) and Charlene, being interviewed by Alastair White



Volunteer Friendly Award



Lloyds TSB
Foundation for Scotland



Jamia and Grace, who 'volunteered' to help out on the Registration desk



Paul having a look at our Showcase table & stands

Congratulations!



Very many congratulations to Kate Brown and David Dickson who will be married on Saturday 30th April; we would all like to wish you the very best for your continued lives together!

Inspiring Volunteer Awards

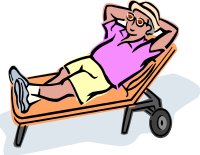


Headway East Lothian nominated Fiona Grant-MacDonald in the Fundraising and Retail Volunteer of the Year category and is very pleased to announce that she won the award! Congratulations to Fiona - well deserved for all her work in raising funds for Headway East Lothian and promoting the work we do.

Noticeboard



Carer meetings held on Mondays as required



Relaxation classes held on Mondays as required



Next Board Meeting

There will no Board Meeting
iin April

Annual
Leave

Joyce will be on annual Leave from Monday 2nd
May - Monday 9th May inclusive.



For news and photos check out our websiite

www.headway-eastlothian.org.uk

This month at Headway

1	Friday		
2	Sat		
3	Sun		
4	Mon	Musselburgh	Seated Massage with Louise
5	Tues		
6	Wed	Haddington	Member's Choice!
7	Thu	Dunbar	Bowel Cancer Awareness
8	Fri		
9	Sat		
10	Sun		
11	Mon	Musselburgh	Dominoes & chat
12	Tues		
13	Wed	Haddington	Bowel Cancer Awareness
14	Thu	Dunbar	Pamela McKinlay
15	Fri		
16	Sat		
17	Sun		
18	Mon	Musselburgh	Pamela McKinlay
19	Tues		
20	Wed	Haddington	Seated Massage with Louise
21	Thu	Dunbar	Table Games & chat
22	Fri		
23	Sat		
24	Sun		
25	Mon	Musselburgh	Andy Brown
26	Tue		
27	Wed	Haddington	Pamela McKinlay
28	Thu	Dunbar	North Lights Arts
29	Fri	Fountainpark	Outing - 10 Pin Bowling
30	Sat		

Meetings

Monday The Musselburgh East Community Association (MECA) building, Wallyford Road, just up from Levenhall roundabout 1pm - 4pm. A chance to meet over a cup of coffee. There is a café where lunch or a snack can be purchased.

Wednesday The Doughty Centre Herdmanflat Hospital Aberlady Road Haddington at 6.30pm Tuesday evenings with a speaker etc. The meeting finishes at 8.30pm. We are not connected to the hospital.

Thursday we meet at Hallhill Healthy Living Centre, Dunbar on a Thursday 12 noon- 2pm for those who live in Dunbar and surrounding area.

Contact Us

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Richard Fairbairn Treasurer	077604 95851 james.fairbairn123@btinternet.com
Development Officer Joyce Cattanach	07895 193974 headwayeastlothian@live.co.uk

Joyce is also available at The Bleachingfield Centre, Countess Crescent, Dunbar, EH42 1DX, by appointment, Mondays, Tuesdays & Wednesdays and for outreach at other times.

Items for the newsletter to Robert Dalrymple
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Improving life after brain injury

Charity No **SC035535**