



Headway
East Lothian
SC10
Newsletter
www.headway-astlothian.org.uk

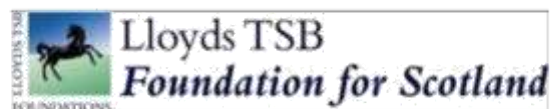


Issue 18/02

February 2018



And before then
there will be lots happening at Headway.
Regular meetings , entertainers , speakers and crafts .
There will of course be outings and events .



Noticeboard



Carer meeting held in cafe on Monday 19th February.



Next Board Meeting.

Wednesday 14th February
Haddington



For the record, it transpires that the story about cheating was fake news. We might never find out who provided the information for the story, but I received the first, and hopefully the last, red card from Dotttie for my part in the proceedings .
Robert.

Annual Leave

Joyce will be on Annual Leave from Monday 26th
February - Friday 2nd March inclusive

Haddington meeting

We are on the move again!
We still meet within the grounds of Herdmanfalt Hospital but now in the Occupational Therapy Department; come along and see our new room. From the ambulance station entrance follow the road up and round, past the Doughty Centre on the left where you can park, past the Hub on the right and then we are round the corner to the left

Noticeboard

Head injury information Days **SAVE THE DATE**

WEDNESDAY 16TH MAY 2018

WEST CENTRAL SCOTLAND HIID

DoubleTree by Hilton Hotel,
36 Cambridge Street, Glasgow G2 3HN

WEDNESDAY 23RD MAY 2018

EDINBURGH AND LOTHIANS HIID

Hilton Edinburgh Grosvenor,
5-21 Grosvenor Street, Edinburgh EH12 5EF

FREE information events for professionals and people affected by all types of acquired brain injury and head injury including families and carers.

Find out about: The effects of head injury and brain injury
Different services you can access
Support and help that is available to you.

For further information, please contact **Kirsten Smith** on **0141 566 9569**
or email kirsten.smith@digbybrown.co.uk

DIGBY BROWN
SOLICITORS 

Burns' Supper

Many thanks to all for coming along and celebrating the Bard's Birthday with us; thanks to the Chef, our very own Gordon Wallace, to the Piper, Euan and to all those who entertained us on the evening with songs and poetry.



10 Pin Bowling

A very successful first outing of the year; our annual 10 Pin Bowling event! Great fun was had by all, very competitive and not much between the teams!



This month at Headway

1	Thu	Dunbar	Arts & Crafts
2	Fri		
3	Sat		
4	Sun		
5	Mon	Musselburgh	Puzzles, chat & dominoes
6	Tue		
7	Wed	Haddington	Arts & Crafts
8	Thu	Dunbar	Games & Puzzles
9	Fri		
10	Sat		
11	Sun		
12	Mon	Musselburgh	Puzzles, chat & dominoes
13	Tue		
14	Wed	Haddington	Board Meeting
15	Thu	Dunbar	Valentine's day after!
16	Fri		
17	Sat		
18	Sun		
19	Mon	Musselburgh	Carers in the Cafe
20	Tue		
21	Wed	Haddington	Games & Puzzles
22	Thu	Dunbar	Social Lunch
23	Fri		
24	Sat		
25	Sun		
26	Mon	Musselburgh	Puzzles, chat & dominoes
27	Tue		
28	Wed	Haddington	Games & Wii

Meetings

Monday The Musselburgh East Community Association (MECA) building, Wallyford Road, just up from Levenhall roundabout 1pm - 4pm. A chance to meet over a cup of coffee. There is a café where lunch or a snack can be purchased.

Wednesday We meet at the Hub, Herdmanflat Hospital Aberlady Road Haddington at 6.30pm on Tuesday evenings with a speaker etc. The meeting finishes at 8.30pm. We are not connected to the hospital.

Thursday we meet at Hallhill Healthy Living Centre, Dunbar on a Thursday 12 noon- 2pm for those who live in Dunbar and surrounding area.

Contact Us

Jim Maryniak Convener	07920 195743 jimmaryniak@hotmail.com
Richard Fairbairn Treasurer	077604 95851
Fiona Grant- MacDonald Secretary	feegramac@sky.com
Development Officer Joyce Cattanach	07895 193974 headwayeastlothian@live.co.uk

Joyce is also available at The Bleachingfield Centre, Countess Crescent, Dunbar, EH42 1DX, by appointment, Mondays, Tuesdays & Wednesdays and for outreach at other times.

Items for the newsletter to Robert Dalrymple
robert.dalrymple202@btinternet.com Tel 01620 844020



Improving life after brain injury

Charity No **SC035535**.