



Headway  
East Lothian  
SC10  
Newsletter  
[www.headway-astlothian.org.uk](http://www.headway-astlothian.org.uk)



Issue 17/06

June 2017

Notice of the

## AGM

The 3<sup>rd</sup> Annual General Meeting of Headway East Lothian SCIO will take place on Wednesday 28<sup>th</sup> June 2017 at the Herdmanflat Hub, Herdmanflat Hospital, Aberlady Road, Haddington, EH41 3BU at 7,00pm.

The business will be to receive the Report & Accounts for the year ending 31<sup>st</sup> March 2017; election of Office Bearers and other Trustee/Directors of the Board of Headway East Lothian.

For information & application about applying to join the Board of Trustees please contact the Convenor, Jim Maryniak at [jimmaryniak@hotmail.com](mailto:jimmaryniak@hotmail.com) or the Development Officer Joyce Cattanach on 07895 193974 or at [headwayeastlothian@live.co.uk](mailto:headwayeastlothian@live.co.uk)



Lloyds TSB  
Foundation for Scotland

## Noticeboard



Carer meetings held on Mondays as required



Relaxation classes held on Mondays as required



### Next Outing

Scottish Parliament  
Friday 2<sup>nd</sup> June



Next Board Meeting  
Wednesday 7<sup>th</sup> June  
Haddington

### Mystery Tour

Due to circumstances out with our control we have had to cancel the Mystery Tour arranged for Friday 30<sup>th</sup> June – it will be rearranged for a date more suitable for everyone. ( Heard there was a leak – someone found out the destination. – and it had to be rearaged at short notice.)



## **The Way Ahead Conference** **2017**

The Way Ahead Conference will once again be returning to Yarnfield Park Training & Conference Centre, Staffordshire.

It will take place from Friday 30<sup>th</sup> June - Sunday 2<sup>nd</sup> July.

The Way Ahead weekend brings together over 300 delegates and speakers including brain injury survivors, family members, carers, trustees, committee members, staff and volunteers from Headway groups and branches across the UK, to enjoy a weekend of learning, sharing and socialising in a relaxing and welcoming environment.

For more information contact Joyce through the usual means!

# BBQ

The annual bbq will take place on Friday 28<sup>th</sup> July from 12.00pm – 3.00pm at the home of Dottie & Gordon Wallace, 4 The Paddock, Seton Mains, EH32 0PG.

Please come along & join us for an afternoon of fun filled entertainment, games, tasty food & chat!



Who will we find in the stocks?

## This month at Headway

1	Thu	Dunbar	
2	Fri	Edinburgh	Scottish Parliament Visit
3	Sat		
4	Sun		
5	Mon	Musselburgh	Dominoes & Puzzles
6	Tue		
7	Wed	Haddington	Board Meeting
8	Thu	Dunbar	Relaxation techniques
9	Fri		
10	Sat		
11	Sun		
12	Mon	Musselburgh	Andy Brown entertains!
13	Tue		
14	Wed	Haddington	Music & movement
15	Thu	Dunbar	Music & movement
16	Fri		
17	Sat		
18	Sun		
19	Mon	Musselburgh	Carers in the Cafe
20	Tue		
21	Wed	Haddington	Film Night
22	Thu	Dunbar	Art project planning
23	Fri		
24	Sat		
25	Sun		
26	Mon	Musselburgh	Dominoes & Puzzles
27	Tue		
28	Wed	Haddington	AGM
29	Thu	Dunbar	Art project outing
30	Fri		

## Meetings

**Monday** The Musselburgh East Community Association (MECA) building, Wallyford Road, just up from Levenhall roundabout 1pm - 4pm. A chance to meet over a cup of coffee. There is a café where lunch or a snack can be purchased.

**Wednesday** The Doughty Centre Herdmanflat Hospital Aberlady Road Haddington at 6.30pm evenings with a speaker etc. The meeting finishes at 8.30pm. We are not connected to the hospital.

**Thursday** we meet at Hallhill Healthy Living Centre, Dunbar on a Thursday 12 noon- 2pm for those who live in Dunbar and surrounding area.

## Contact Us

Jim Maryniak Convener	07920 195743 <a href="mailto:jimmaryniak@hotmail.com">jimmaryniak@hotmail.com</a>
Richard Fairbairn Treasurer	077604 95851 <a href="mailto:james.fairbairn123@btinternet.com">james.fairbairn123@btinternet.com</a>
Development Officer Joyce Cattanach	07895 193974 <a href="mailto:headwayeastlothian@live.co.uk">headwayeastlothian@live.co.uk</a>

Joyce is also available at The Bleachingfield Centre, Countess Crescent, Dunbar, EH42 1DX, by appointment, Mondays, Tuesdays & Wednesdays and for outreach at other times.

Items for the newsletter to Robert Dalrymple  
[robert.dalrymple202@btinternet.com](mailto:robert.dalrymple202@btinternet.com) Tel 01620 844020



Improving life after brain injury

Charity No **SC035535**