



Headway  
East Lothian  
SC10  
Newsletter  
[www.headway-astlothian.org.uk](http://www.headway-astlothian.org.uk)



Issue 17/11

November 2017



Our next  
Outing  
**Dynamic  
Earth**  
Friday 3<sup>rd</sup>  
December




Dynamic Earth in Edinburgh is the only visitor centre in the UK dedicated to telling the life story of planet Earth. Expect cutting edge technology and state of the art interactive displays before being transported hundreds of millions of years back to the very beginning of time.

You will fly across glaciers, feel the Earth move beneath your feet and experience the chill of polar ice. - All this before embarking on a 4DVENTURE across the globe before you crash land in a tropical rainforest. Throughout the year 360 degree films will be featured in our Show Dome, the only one of it's kind in Scotland.



Lloyds TSB  
*Foundation for Scotland*

## Noticeboard

	Carers meet in the Café Musselburgh 20 <sup>th</sup> Nov
	Next Board Meeting - Wednesday 22 <sup>nd</sup> Nov at Haddington
<b>REDMINDER</b> 	Headway East Lothian will close on Thursday 21 <sup>st</sup> December 2017 at 4.00pm and reopen with the group meeting at the Musselburgh East Community Learning Centre on Monday 8 <sup>th</sup> January 2018 at 1.00pm.
Special Edition Newsletter	Special Edition Newsletter featuring the Annual Golf Tournament & The Alternative 3 Peaks & Sponsored Walk Challenges will be produced in near future-keep a look out!

1	Wed	Haddington	Hallowe'en evening
2	Thu	Dunbar	Arts & crafts
3	Fri		
4	Sat		
5	Sun		
6	Mon	Musselburgh	Dominoes, puzzles & chat
7	Tue		
8	Wed	Haddington	Games & Puzzles
9	Thu	Dunbar	Games & Puzzles
10	Fri		
11	Sat		
12	Sun		
13	Mon	Musselburgh	Dominoes, puzzles, chat Arts/ crafts
14	Tue	Edinburgh	East of Scotland Regional Meeting
15	Wed	Haddington	Tuesday Crew + 1
16	Thu	Dunbar	Arts & Crafts
17	Fri		
18	Sat		
19	Sun		
20	Mon	Musselburgh	Dominoes; Carers in Café
21	Tue	Edinburgh	Scottish Development Committee
22	Wed	Haddington	Board Meeting
23	Thu	Dunbar	BRAW 17 & Spotlight on Joyce
24	Fri		
25	Sat		
26	Sun		
27	Mon	Musselburgh	Dominoes, Puzzles & Chat & Guest
28	Tue		
29	Wed	Haddington	Ronnie Pollock
30	Thu	Dunbar	Autumn Gold
1	Fri	Dynamic Earth	Outing to Our Dynamic Earth

### Meetings

**Monday** The Musselburgh East Community Association (MECA) building, Wallyford Road, just up from Levenhall roundabout 1pm - 4pm. A chance to meet over a cup of coffee. There is a café where lunch or a snack can be purchased.

**Wednesday** We meet at the Hub, Herdmanflat Hospital Aberlady Road Haddington at 6.30pm on Tuesday evenings with a speaker etc. The meeting finishes at 8.30pm. We are not connected to the hospital.

**Thursday** we meet at Hallhill Healthy Living Centre, Dunbar on a Thursday 12 noon- 2pm for those who live in Dunbar and surrounding area.

### Contact Us

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Joyce is also available at The Bleachingfield Centre, Countess Crescent, Dunbar, EH42 1DX, by appointment, Mondays, Tuesdays & Wednesdays and for outreach at other times.

Items for the newsletter to Robert Dalrymple  
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Improving life after brain injury

Charity No **SC035535**.