



Headway
East Lothian
SC10
Newsletter
www.headway-astlothian.org.uk



Issue 17/10

October 2017

December Dates for your Diary

- Friday 1st - Outing to Dynamic Earth
- Monday 11th - Christmas Lunch - West Barns Bowling Club
12.00pm for 12.30pm
- Monday 18th - Christmas Raffle & Music
- Wednesday 20th - Christmas Party at Haddington
- Thursday 21st - Christmas Party at Dunbar







Headway East Lothian will close on Thursday 21st December 2017 at 4.00pm and reopen with the group meeting at the Musselburgh East Community Learning Centre on Monday 8th January 2018 at 1.00pm.



Lloyds TSB
Foundation for Scotland

Noticeboard

	<p>Carers meet in the Café Muselburgh Monday 16th October</p>
	<p>Next Board Meeting - Wednesday 11th Oct at Haddington</p>
	<p>Next Outing - Friday 13th October Christmas Shopping trip to Livingston - bus leaves MECLC at 10.00am sharp - please give names to either Joyce or Dottie</p>
	<p>Joyce on Annual Leave 2nd - 9th inclusive</p>
<p>Special Edition Newsletter</p>	<p>Special Edition Newsletter featuring the Annual Golf Tournament & The Alternative 3 Peaks & Sponsored Walk Challenges will be produced in near future-keep a look out!</p>

Monday 16th October

Musselburgh

Michelle Ballantyne MSP Conservative & Unionist party

Michelle was appointed as Member of the Scottish Parliament for the South Scotland region following the resignation of Rachael Hamilton MSP in May 2017. Michelle trained at the Princess Alexandra School of Nursing at the London Hospital before moving into health service management, first in finance and then general management. Since 2005 she has worked in the voluntary sector, heading up drug and alcohol support services, and children and young people's services. She is also a director of the manufacturing company she set up with her husband in 1990.

In 2012 Michelle was first elected as a local councilor on Scottish Borders Council, leading the Conservative Party Group. She was re-elected in 2017

Monday 23rd October

Musselburgh

Colin Beattie MSP - Scottish National Party representing Midlothian North & Musselburgh.

Although Colin originally hailed from Forfar in Angus, he now lives in Dalkeith. His father was a hospital porter and mother the daughter of a crofter. As a young man, traditional banking became his career for 23 years. As an international banker, he worked in both the Middle and Far East, but eventually after a period of living and working in London, he & his wife returned to Scotland.

"I realised very quickly that the people of Midlothian deserved more than they were getting from local politicians. I took early retirement in 2006 to focus on being elected to Midlothian Council. It has been a pleasure to serve the people of Newtongrange, Gorebridge and the Moorfoots as a local councilor.

I was elected to the Scottish Parliament in May 2011 as the representative for Midlothian North and Musselburgh. I believe that Midlothian North and Musselburgh has much to offer and has been underselling itself for years. I plan to work hard to create jobs across my constituency and I will gladly work with any individuals or organisations who will act towards that end. I intend to help build up industry and further promote the possibilities of Midlothian North and Musselburgh."

Coming up in November

Wednesday 1st – Halloween Party at Haddington.

Thursday 2nd – Autumn Feast & Halloween at Dunbar

Joyce on Annual Leave from Monday 6th – Friday 10th November

Tuesday 14th – Headway Regional Meeting – Edinburgh

Tuesday 21st – Scottish Development Committee meeting – Edinburgh

Thursday 30th – Scottish Head Injury Forum - Glasgow

Thursday 12th October

Monday 30th October

Lesley Aitkenhead & Steven Nelson – East Lothian Community Care Forum

East Lothian Community Care Forum.(ELCCF)is an independent body led by volunteers. It was formed in 1999 and now concentrates on gathering evidence to help guide East Lothian Adult & Social Care Partnership – the joint NHS and local Council body. They need to hear about your experiences and how you think things could be improved; not only in your own case but for community care in general.

This month at Headway

1	Sun		
2	Mon	Musselburgh	Dominoes, puzzles & quizzes
3	Tue		
4	Wed	Haddington	Games & puzzles
5	Thu	Dunbar	Games & puzzles
6	Fri		
7	Sat		
8	Sun		
9	Mon	Musselburgh	Dominoes, puzzles & quizzes
10	Tue		
11	Wed	Haddington	Board meeting
12	Thu	Dunbar	Steven Nelson, Community Care Forum
13	Fri	Livingston	Christmas Shopping
14	Sat		
15	Sun		
16	Mon	Musselburgh	Michelle Ballantyne MSP & Carers
17	Tue		
18	Wed	Haddington	Musical magic
19	Thu	Dunbar	Musical magic
20	Fri		
21	Sat		
22	Sun		
23	Mon	Musselburgh	Colin Beattie MSP
24	Tue		
25	Wed	Haddington	Autumn Gold
26	Thu	Dunbar	BRAW17 & BRAW18
27	Fri		
28	Sat		
29	Sun		
30	Mon	Musselburgh	Lesley Aitkenhead; Halloween!
31	Tue		

Meetings

Monday The Musselburgh East Community Association (MECA) building, Wallyford Road, just up from Levenhall roundabout 1pm - 4pm. A chance to meet over a cup of coffee. There is a café where lunch or a snack can be purchased.

Wednesday We meet at the Hub, Herdmanflat Hospital Aberlady Road Haddington at 6.30pm every evening with a speaker etc. The meeting finishes at 8.30pm. We are not connected to the hospital.

Thursday we meet at Hallhill Healthy Living Centre, Dunbar on a Thursday 12 noon- 2pm for those who live in Dunbar and surrounding area.

Contact Us

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Joyce is also available at The Bleachingfield Centre, Countess Crescent, Dunbar, EH42 1DX, by appointment, Mondays, Tuesdays & Wednesdays and for outreach at other times.

Items for the newsletter to Robert Dalrymple
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Improving life after brain injury

Charity No **SC035535**.