

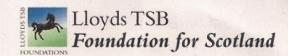
Headway
East Lothian
SCIO
Newsletter



Issue 15/04

Honorary President Dr Alasdair Fitzgerald April 2015





Easter Monday Holiday
Monday 6<sup>th</sup> April, no Monday Meeting
Musselburgh East Community Learning Centre closed

### **Bonus Ball**

Would you like to help raise funds for Headway East Lothian? We have a Bonus Ball number available for our weekly Lotto, if you would be interested in lucky number 34 please contact Joyce or DottieWallace



### Sight Village Scotland 2015

An exhibition of technology, equipment and services for people with a visual impairment.

<u>Sight Village Scotland</u> is taking place on 21st April at Hilton Hotel, Grosvenor Street, Edinburgh, EH10 5EF & 22nd April at Marriott Hotel, Argyle Street, Glasgow G3 8RR.

This event is free to attend; doors open at 10am both days and close at 3.00pm. To pre-register to attend this event, please email the team at <a href="mailto:sv@qac.ac.uk">sv@qac.ac.uk</a>

### Noticeboard



### Golf Tournament

Winterfield Golf Club, Saturday 20 June 2015, 9.30am onwards. For more information please contact David Dickson on 01368 864867 or ddtas@aol.com



# Website www.headway-eastlothian.org.uk

Facebook www.facebook.com/headwayeastlothian



### Next Outing

April 10th - Newhailes House & Gardens Tour Musselburgh, 11.00pm -3.00pm



### Look forward to

Musselburgh races, Friday 1st May, contact Joyce for information



Board Meeting Wednesday 6<sup>th</sup> May - Board Meeting will be held at the Doughty Centre, Herdmanflat Hospital, Aberlady Road, Haddington, from 7.00pm-8.00pm

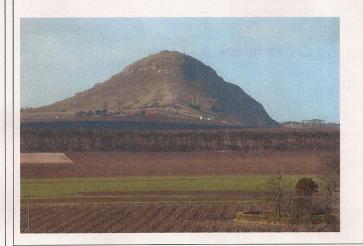


Family Quiz & Music Fundraising Event,

Thorntree Inn, Cockenzie

Sunday 7<sup>th</sup> June

2.00pm - 7.00pm



Alternative 3 Peaks Cycle
Thursday 20 August,

Fiona Grant-MacDonald & friends will be taking part in this event. For details contact Joyce or

Fiona feefeegee@talktalk.net



Sponsored Walk

Sunday 23 August

Our annual sponsored event, all ability walk, Queen's Park, Holyrood, 2.00pm.

For details and a sponsor form contact Joyce

## Diary

1	Wed	Haddington	Minutes Q&A, Egg Plympics - Joyce
2	Thu	Dunbar	Senior Moments
3	Fri		
4	Sat		
5	Sun		
6	Mon	Musselburgh	Easter Monday - Holiday
7	Tue		
8	Wed	Haddington	Daniel Allison - Storyteller
9	Thu	Dunbar	Video Conversations
10	Fri	Outing	Newhailes House, Musselburgh
11	Sat		
12	Sun		
13	Mon	Musselburgh	Vascular Health & Stroke Workshop
14	Tue		
15	Wed	Haddington	Fingers & Thumbs Craft Workshop
16	Thu	Dunbar	Fingers & Thumbs Craft Workshop
17	Fri		
18	Sat		
19	Sun	10.34 / 13.444 - \$241	
20	Mon	Musselburgh	Fingers & Thumbs Craft Workshop
21	Tue	wiaccondui gii	
22	Wed	Haddington	Games & Wii
23	Thu	Dunbar	Table Games
24	Fri	***	
25	Sat		
26	Sun		
27	Mon	Musselburgh	Andy Brown
28	Tue		
29	Wed	Haddington	Clark Community Choir
30	Thu	Dunbar	Spring Fling
1	Fri	Outing	Musselburgh Races

### Meetings

Monday The Musselburgh East Community Learning Centre (MECLC) building,

Wallyford Road, just up from Levenhall roundabout 1pm - 4pm. A chance to meet over a cup of coffee. There is a café where lunch or a snack can be purchased.

<u>Wednesday</u> The Doughty Centre Herdmanflat Hospital Aberlady Road Haddington at 6.30pm; evening meeting with a speaker etc. The meeting finishes at 8.30pm. We are not connected to the hospital.

Thursday we meet at Hallhill Healthy Living Centre, Dunbar on a Thursday 12 noon-2pm for those who live in Dunbar and surrounding area.

### Contact Us

Jim Maryniak	07920 195743
Convener	jimmaryniak@hotmail.com
Gordon Wallace	01875 853491
Treasurer	csgordon.wallace@virgin.net
Gordon Wallace	
Acting Secretary	
Development Officer	07895 193974
Joyce Cattanach	headwayeastlothian@live.co.uk

Joyce is also available at The Bleachingfield Centre, Countess Crescent, Dunbar, EH42 1DX, by appointment, Mondays, Tuesdays & Wednesdays and for outreach at other times.

www.headway-eastlothian.org.uk

Items for the newsletter to Robert Dalrymple robert.dalrymple202@btinternet.com Tel 01620 844020



Improving life after brain injury

Charity No SC035535

Affiliated to Headway-the brain injury association





# **Head injury information Day**

A FREE event for professionals and for people affected by all types of acquired brain injury and head injury, including families and carers.

Location: The Grand Central Hotel, Floor E, next to Central Station, Glasgow

(99 Gordon Street, Glasgow, G1 3SF) Wheelchair access via Central Station

Date:

Wednesday 20th May 2015

Time:

9.30am - 12.30pm

Refreshments available

#### Find out about:

- · The effects of head injury and brain injury
- · Different services you can access
- · Support and help that is available to you

No need to sign up in advance, but if you would like more information please contact: **Kathleen** on 0141 566 9569 or Kathleen.McMonagle@digbybrown.co.uk

Proudly sponsored by:

Find us on Facebook: www.facebook.com/DigbyBrownSolicitors/events

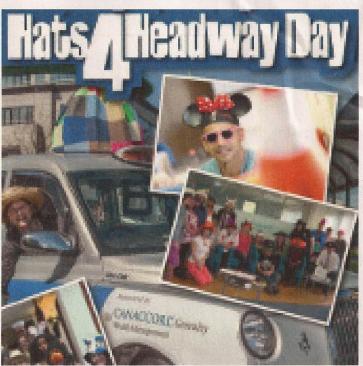


ABI Week: 18th - 24th May 2015

### Hats for Headway Day: 22nd May 2015

We'll announce the theme of our 2015 campaign here in due course, so keep checking back for more details.





Friday 22nd May 2015

Hats for Headway Day is a simple, fun, and easy way to raise money for Headway.

All we ask you to do is wear a hat (as novel and wacky as possible!) for the day in return for a donation. Simple!

Anyone can take part, whether you're having a coffee morning with friends, if you work in an office, or even work in a city centre shop. It's easy to organise and lots of fun to participate in.

Check out the main Hats for Headway Day page for more details.

## Thursday 21 May Hallhill Centre, Dunbar Hats for Headway

Headway East Lothian will be holding our own fun afternoon as part of Action for Brain Injury Week.

Come along between 12.00pm - 2.00pm; wear a hat and join in the fun at the same time as finding out more about Brain Injury and Headway

Games, puzzles, Information, practical tips,

Tea, coffee & home baking

All for a suggested donation of £1.00 to Headway East Lothian, so long as you wear a hat, the sillier the better!

