



Headway
East
Lothian
SC10
Newslette



Issue 18/08

August 2018

AGM

The Annual General Meeting
of Headway East Lothian
will be held on 15 August 2018
at 7.00pm in the OT Department
Herdmanflat Hospital
Haddington

Visit from Martin Whitfield MP
& Iain Gray MSP



Wednesday 29th August 7.00pm
at the Occupational Therapy
Department, Herdmanflat
Hospital Haddington

Summer Greetings

to all readers and a reminder to those who
are unable to come to one of our meetings
at the moment, that Joyce operates an
outreach service and if you need any help
she will be pleased to see you at home.

Next Outing



Mystery Tour

Friday 31st August

Noticeboard

- Joyce will be on Annual Leave on the following dates
Thursday 2nd August
Friday 3rd August
Monday 27th August
- Charlenne will be doing complimentary therapies at Dunbar on 9th August
- Carers in the café at MECA

September Outing

Ratho Barge Cruise

We have booked a round trip so will be leaving and returning from Ratho. Our barge trip will leave Ratho at 11.00am and return at approximately 2.30pm. Tea and coffee are available on the barge but please bring a packed lunch along as there will not be anywhere to stop for lunch.

Places are limited as the barge only holds 12 people so please give your names to Joyce or Dottie as soon as you can and be prepared for a draw for places.

Seagull Trust Cruises operates the Ratho Barge as a charity supporting people with disabilities and others who may be disadvantaged. They do not charge for the cruise but we will be collecting for a donation on the day.

Annual General Meeting

Wednesday 15th August 7.00pm at the Occupational Therapy Department,
Herdmanflat Hospital

- This will be an opportunity for you to hear and see the Annual Report and Accounts and to meet the Board members who will be happy to take any questions you may have.
- The Annual report & Accounts will also be available on the OSCR website when approved as well as our own website and that of Headway UK

Office of the Scottish Charity Regulator www.oscr.org.uk

Headway East Lothian www.headway-eastlothian.org.uk

Headway the brain injury association www.headway.org.uk

BBQ

Thanks to all those who came along despite the rain. We had a great day with lovely food and drink. The raffle held on the day and the brave souls who dared to put themselves either in the stocks or get their hair chalked or in the hot seat to get waxed helped us raise £176.50.

Thanks to Gordon and Dottie for their hospitality as always.



Elton getting his back waxed while he was getting pelted with wet sponges

Grace protecting Paul from the rain



Ian having his beard rainbow chalked
This month at Headway

Tam having his hair chalked

1	Wed	Musselburgh	Summer Sensation
2	Thu	Dunbar	Summer Sensation
3	Fri		
4	Sat		
5	Sun		
6	Mon	Musselburgh	Summer Sensation
7	Tue		
8	Wed	Haddington	Arts and Crafts
9	Thu	Dunbar	Complimentary Therapies by Charlene
10	Fri		
11	Sat		
12	Sun		
13	Mon	Musselburgh	Dominoes & Chat
14	Tue		
15	Wed	Haddington	AGM

16	Thu	Dunbar	Annual Report & Accounts presentation
17	Fri		
18	Sat		
19	Sun		
20	Mon	Musselburgh	Carers in the Cafe
21	Tue		
22	Wed	Haddington	Puzzles & Games
23	Thu	Dunbar	Puzzles & Games
24	Fri		
25	Sat		
26	Sun		
27	Mon	Haddington	Dominoes & Chat
28	Tue		
29	Wed	Musselburgh	Martin Whitfield MP Iain Gray MSP visit
30	Thurs	Dunbar	Mystery Quiz

31	Fri		Mystery Tour
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Meetings

Monday The Musselburgh East Community Association (MECA) building, Wallyford Road, just up from Levenhall roundabout 1pm - 4pm. A chance to meet over a cup of coffee. There is a café where lunch or a snack can be purchased.

Wednesday We meet at the Occupational Therapy Department, Herdmanflat Hospital Aberlady Road Haddington at 6.30pm Wednesday evenings with a speaker etc. The meeting finishes at 8.30pm. We are not connected to the hospital.

Thursday we meet at Hallhill Healthy Living Centre, Dunbar on a Thursday 1pm- 3pm for those who live in Dunbar and surrounding area.

Contact Us

Jim Maryniak Convener	07920 195743 jimmaryniak@hotmail.com
Richard Fairbairn Treasurer	077604 95851
Fiona Grant- MacDonald Secretary	feegramac@sky.com
Development Officer Joyce Cattanach	07895 193974 headwayeastlothian@live.co.uk

Joyce is also available at The Bleachingfield Centre, Countess Crescent, Dunbar, EH42 1DX, by appointment at the following times, and for outreach at other times.

Mon 9.00am - 3.00pm Tue 11.00am - 3.00pm Wed 9.00am - 3.00pm
Thursdays Office at home Fridays Office at home

It's always better to phone to check first in case Joyce is out at meeting

Items for the newsletter to Robert Dalrymple
robert.dalrymple202@btinternet.com Tel 01620 844020



Improving life after brain injury

Charity No **SC035535**.

