



Headway
East Lothian
SC10
Newsletter
www.headway-astlothian.org.uk



Issue 19/01

January 2019

*A guid New Year to ane an' a'
An' mony may ye see,
An' during a' the years to come,
O happy may ye be.*



Best Wishes from
Trustees, staff and volunteers



Funded by



Welcome 2019

There will be a lot happening at Headway in 2019 and you can look forward to some good days and nights, although looking at the diary for January you would not think so. Some meetings have still to be confirmed yet and we thought rather than give you some dates we would just advise the dates as they come along and you can fill in your diary.

The following event can be confirmed. As usual there will of course be meetings on the appropriate days each week in our various venues during the month.

The Annual Burns Supper will again be held at Haddington and this year will fall on Wednesday 23rd January to which all service users are cordially invited. So come along and enjoy.

Outings & events for the coming year will be announced shortly

Last year at this time it was reported that a number of complaints were received regarding cheating at dominoes. After an amicable discussion it was decided not to introduce a red card system. The accusation remains unproven and the case is now closed although we cannot overlook the fact many men thought it was assumed that they were the culprits when women play dominoes too. Is this the start of discrimination? Surely we don't have women cheats!!

Do you remember?

Who can you remember from
Dec 2010
over 8yrs ago



Digby Brown Christmas Card and Calendar Competition



Joyce was presented with a cheque for £200 for Group funds as Charlene looks on



Grace was presented with an award certificate and a £50 Marks & Spencer's gift voucher (as was Charlene)



The winners !

THIS MONTH AT HEADWAY

1	Tue			
2	Wed			
3	Thu			HOLIDAYS
4	Fri			
5	Sat			
6	Sun			
7	Mon	Musselburgh	Meetings commence	
8	Tue			
9	Wed	Haddington	Meetings commence	
10	Thu	Dunbar	Meetings commence	
11	Fri			
12	Sat			
13	Sun			
14	Mon	Musselburgh		
15	Tue			
16	Wed	Haddington		
17	Thu	Dunbar		
18	Fri			
19	Sat			
20	Sun			
21	Mon	Musselburgh		
22	Tue			
23	Wed	Haddington	Burns Supper	
24	Thu	Dunbar		
25	Fri			
26	Sat			
27	Sun			
28	Mon	Musselburgh		
29	Tues			
30	Wed	Haddington		
31	Thurs	Dunbar		

We meet in three locations each week

<u>Date & Time</u>	Monday 1pm - 4pm	Wednesday 6.30pm - 8.30pm	Thursday 1pm - 3pm
<u>Venue</u>	MECA Wallyford Rod MUSSELBURGH (Cafe for lunch or snacks)	Occupational Therapy Department, Herdmanflat Hospital Aberlady Road HADDINGTON	Hallhill Healthy Living Centre, Kellie Rd DUNBAR

Contact us in any of the following ways

Jim Maryniak Convener	07920 195743 jimmaryniak@hotmail.com
--------------------------	--

Richard Fairbairn Treasurer	077604 95851	Fiona Grant- MacDonald Secretary	feegramac@sky.com
--------------------------------	--------------	-------------------------------------	--

Development Officer Joyce Cattanach	07895 193974 headwayeastlothian@live.co.uk
--	--

Joyce is also available at The Bleachingfield Centre, Countess Crescent, Dunbar, EH42 1DX, by appointment at the following times, and for outreach at other times. Mon 9.00am - 3.00pm Tue 11.00am - 3.00pm Wed 9.00am - 3.00pm Thurs Office at home Fri Office at home. Better to phone first in case Joyce is at a meeting.

Items for the newsletter to Robert Dalrymple
robert.dalrymple202@btinternet.com Tel 01620 844020



Improving life after brain injury Charity No **SC035535**.