



Headway
East Lothian
SC10
Newsletter
www.headway-astlothian.org.uk



Issue 17/08

August 2017

Two fundraisers in August



Ourr Annual Golf Tournament The Brian Burns Tournament

will this year be held
on Saturday 19th August
at Winterfield Golf Course, Dunbar



Alternative 3 Peaks

A cycle and climb event
This will take place on
Sunday 20th August



Noticeboard

- Carers meet in the Café Muselburgh Monday 21st August
- Next Board Meeting - Wednesday 9th August
- Next Outing - Mystery Tour - Friday 1st September
- Some service-users are not happy because they have not won the Bonus Ball for some time - if you have any concerns, speak to Dottie who runs the competition
- Lesley Aikenhead East Lothian Community Care Forum will be at Haddington on Wednesday 23rd August
- Joyce will be on Annual Leave from Monday 31st July - Friday 11th August inclusive, starting back on Monday 14th August

**SHIF EVENT,
24th of August, Dumfries
Scottish Head Injury Forum**

**WHO'S WHO?
The A - Z of ABI**



SHIF are pleased to announce that this year the summer event is heading south instead of the usual north, and taking place in Dumfries. Bookings are now open for the event on the 24th of August in Dumfries, "**Who's Who? - The A-Z of ABI**".

The event is being held in Easterbrook Hall, a beautiful venue surrounded by 100 acres of parkland, and plenty of free parking. Please find the details below;

[Easterbrook Hall, The Crichton, Bankend Road, Dumfries, DG1 4TA](#)

To book your place, simply click email info@shif.org.uk and let them know how many places you require.

Members - Free

Non-Members - £40

People with ABI and Carers - Free

Registration will open at 9.30am, with talks finishing no later than 4.00pm, and as always there will be plenty of exhibitors and opportunities to network.

Mystery Tour



Friday 1st September

Bus will leave MECLC sharp at 10.00am, please give your names to confirm your place to Joyce or Dottie

There will be an opportunity to be both indoors & outdoors so be prepared for all weather conditions; there are café facilities and level access facilities throughout. The journey will take just under an hour from Musselburgh so get your guessing hats on!

This month at Headway

1	Tues		
2	Wed	Haddington	Members' Night
3	Thu	Dunbar	Games & Puzzles
4	Fri		
5	Sat		
6	Sun		
7	Mon	Musselburgh	Dominoes, games & puzzles
8	Tues		
9	Wed	Haddington	Board Meeting
10	Thu	Dunbar	Storytelling
11	Fri		
12	Sat		
13	Sun		
14	Mon	Musselburgh	Dominoes, games & puzzles
15	Tue	Glasgow	Scottish Development Committee
16	Wed	Haddington	Arts & crafts
17	Thu	Dunbar	Arts & Crafts
18	Fri		
19	Sat	Dunbar	Annual Golf Tournament
20	Sun	East Lothian	Alt3Peaks & Sponsored Walk
21	Mon	Musselburgh	Carers in the Café
22	Tue		
23	Wed	Haddington	Lesley Aikenhead ELCCF
24	Thu	Dunbar	Games & Puzzles
25	Fri		
26	Sat		
27	Sun		
28	Mon	Musselburgh	New Age Kurling
29	Tue		
30	Wed	Haddington	New Age Kurling
31	Thu	Dunbar	New Age Kurling

Meetings

Monday The Musselburgh East Community Association (MECA) building, Wallyford Road, just up from Levenhall roundabout 1pm - 4pm. A chance to meet over a cup of coffee. There is a café where lunch or a snack can be purchased.

Wednesday We meet at the Hub, Herdmanflat Hospital Aberlady Road Haddington at 6.30pm evenings with a speaker etc. The meeting finishes at 8.30pm. We are not connected to the hospital.

Thursday we meet at Hallhill Healthy Living Centre, Dunbar on a Thursday 12 noon- 2pm for those who live in Dunbar and surrounding area.

Contact Us

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Secretary Fiona Grant- MacDonald	feegramac@sky.com
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Joyce is also available at The Bleachingfield Centre, Countess Crescent, Dunbar, EH42 1DX, by appointment, Mondays, Tuesdays & Wednesdays and for outreach at other times.

Items for the newsletter to Robert Dalrymple
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Improving life after brain injury

Charity No **SC035535**