



Headway East Lothian SCIO Newsletter



Issue 15/03

Honorary President
Dr Alasdair Fitzgerald

March 2015



Lloyds TSB
Foundation for Scotland

Bag Packing at ASDA - grand total £629.85

Thanks to all who volunteered their time & effort on Saturday 7th February to help with the Bag Packing and to the staff and customers of ASDA Dunbar for their continued support.

In the photo below are a few of those who helped, Jackie, Kate, Zena, Mags, Grace and Julie



Noticeboard

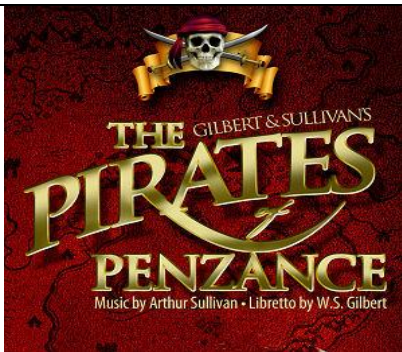


David Dickson will arrange this year's Golf Tournament, date to be arranged



the brain injury association

New website - check it out
www.headway-eastlothian.org.uk



Look forward to
March 26th Thursday, 'Pirates of Penzance'
Festival Theatre, 7.30pm



Next Outing
April 10th - Newhailes House & Gardens Tour Musselburgh, 11.00pm - 3.00pm



Next Board Meeting
Wednesday 25th – Board Meeting will be held at the Doughty Centre, Herdmanflat Hospital, Aberlady Road, Haddington, from 7.00pm-8.00pm

Diary

1	Sun		
2	Mon	Musselburgh	Dominoes/Discussion
3	Tues		
4	Wed	Haddington	Rearranged Burns' Supper
5	Thu	Dunbar	Table Games
6	Fri		
7	Sat		
8	Sun		
9	Mon	Musselburgh	Review/Minutes Q&A/Dominoes & relaxation
10	Tues		
11	Wed	Haddington	Boccia Tournament - Jim & Davie
12	Thurs	Dunbar	Louise Beveridge Aromatherapy Massage
13	Fri		
14	Sat		
15	Sun		
16	Mon	Musselburgh	Dominoes/Discussion Group
17	Tues		
18	Wed	Haddington	Games and Wii
19	Thu	Dunbar	Review/Minutes Q&A/Games
20	Fri		
21	Sat		
22	Sun		
23	Mon	Musselburgh	
24	Tues		
25	Wed	Haddington	Review, Table Games & Board Meeting
26	Thurs	Dunbar	Minutes Q&A/Gentle Exercises
27	Fri		
28	Sat		
29	Sun		
30	Mon		Gentle Exercises, Relaxation/Minutes Q&A

Meetings

Monday The Musselburgh East Community Learning Centre (MECLC) building, Wallyford Road, just up from Levenhall roundabout 1pm - 4pm. A chance to meet over a cup of coffee. There is a café where lunch or a snack can be purchased.

Wednesday The Doughty Centre Herdmanflat Hospital Aberlady Road Haddington at 6.30pm; evening meeting with a speaker etc. The meeting finishes at 8.30pm. We are not connected to the hospital.

Thursday we meet at Hallhill Healthy Living Centre, Dunbar on a Thursday 12 noon- 2pm for those who live in Dunbar and surrounding area.

Contact Us

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Joyce is also available at The Bleachingfield Centre, Countess Crescent, Dunbar, EH42 1DX, by appointment, Mondays, Tuesdays & Wednesdays and for outreach at other times.

www.headway-eastlothian.org.uk

Items for the newsletter to Robert Dalrymple
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Improving life after brain injury

Charity No **SC035535**

Affiliated to Headway-the brain injury association