



Headway
East Lothian
SC10
Newsletter
www.headway-astlothian.org.uk



Issue 16/10

October 2016

Headway East Lothian

SCIO

2nd Annual General Meeting

5th October 2016

Doughty Centre

7.00PM

AGM
ANNUAL GENERAL MEETING

1. Welcome
2. Convenor's Report on the activities of Headway East Lothian 2015/16
3. Statement of Accounts 2015/16
4. Retirement and Re-election of Trustees
5. Close of meeting.

The Annual General Meeting will be followed immediately by the 24th Board Meeting of Headway East Lothian, at which, amongst other things, the Trustee office-bearers will be re-elected / elected.

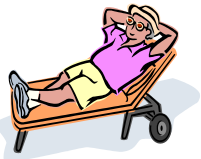


Lloyds TSB
Foundation for Scotland

Noticeboard



Carer meetings held on Mondays as required



Relaxation classes held on Mondays as required



Next Board Meeting

Wednesday 5th October Haddington

After AGM

NEXT
OUTING

Friday

14th October

Christmas Shopping Livingston



Living Voices is a national project that is piloting the use of story, poems and song in settings across Scotland. It aims to engage and enliven groups of people through conversation, creative activity and reminiscence.

Amanda and Allison from the Scottish Storytelling Centre will be coming along to hold 2 sessions, each very different!

Monday 31st October is 'Soul cakes & clouts' - Hallowe'en dress code is optional!

Monday 7th November join us for 'Fabulous Potions'

Both sessions will start at 2.00pm



Come along to join the 'fun'; Christmas Shopping to the Almondvale Centre in Livingston.

Please let Joyce know in plenty time if you want a place on the bus.

This month at Headway

1	Sat		
2	Sun		
3	Mon	Musselburgh	Dominoes & chat
4	Tues		
5	Wed	Haddington	AGM & Board Meeting
6	Thu	Dunbar	Brain Injury Awareness
7	Fri		
8	Sat		
9	Sun		
10	Mon	Musselburgh	Dominoes & chat
11	Tues		
12	Wed	Haddington	Games & Wii
13	Thu	Dunbar	Games & puzzles
14	Fri	Livingston	Christmas Shopping
15	Sat		
16	Sun		
17	Mon	Musselburgh	Carers in the Cafe & Quiz Day
18	Tues		
19	Wed	Haddington	Hallowe'en crafts
20	Thu	Dunbar	Hallowe'en crafts
21	Fri		
22	Sat		
23	Sun		
24	Mon	Musselburgh	Living Voices project - Amanda
25	Tues		
26	Wed	Haddington	Board meeting & Hallowe'en party
27	Thu	Dunbar	Hallowe'en crafts & party
28	Fri		
29	Sat		
30	Sun		
31	Mon	Musselburgh	Soul Cakes & Clouts

Meetings

Monday The Musselburgh East Community Association (MECA) building, Wallyford Road, just up from Levenhall roundabout 1pm - 4pm. A chance to meet over a cup of coffee. There is a café where lunch or a snack can be purchased.

Wednesday The Doughty Centre Herdmanflat Hospital Aberlady Road Haddington at 6.30pm evenings with a speaker etc. The meeting finishes at 8.30pm. We are not connected to the hospital.

Thursday we meet at Hallhill Healthy Living Centre, Dunbar on a Thursday 12 noon- 2pm for those who live in Dunbar and surrounding area.

Contact Us

Jim Maryniak Convener	07920 195743 jimmaryniak@hotmail.com
Richard Fairbairn Treasurer	077604 95851 james.fairbairn123@btinternet.com
Development Officer Joyce Cattanach	07895 193974 headwayeastlothian@live.co.uk

Joyce is also available at The Bleachingfield Centre, Countess Crescent, Dunbar, EH42 1DX, by appointment, Mondays, Tuesdays & Wednesdays and for outreach at other times.

Items for the newsletter to Robert Dalrymple
robert.dalrymple202@btinternet.com Tel 01620 844020



Improving life after brain injury

Charity No **SC035535**