



Headway
East Lothian
SC10
Newsletter

www.headway-astlothian.org.uk



Issue 18/11

November 2018

Happy St Andrew's Day



30 November

Christmas Planning



See Page 3

Do you remember?

Who can you remember from

Nov 2008

10 yrs ago

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Volunteers Required

Please spread the word that
Headway East Lothian
are looking for some.



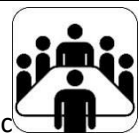
Funded by



Noticeboard



Carer meeting in cafe on Monday 19th Nov



Next Board Meeting Wednesday 14th Nov Haddington



We are pleased to welcome back to Haddington on 28th Nov, Ronnie Pollock to entertain



Enjoy arts and crafts with Linda McCann during November at Dunbar and Haddington

Christmas Planning - Dates for the Diary

Monday 3rd December

- Christmas Lunch - West Barns Bowling Club - 12.00p for 12.30pm
 - Please book your place ASAP with Joyce or at any meeting

Monday 10th December

- Christmas Raffle at Musselburgh Meeting
 - Any donations gratefully received 😊

Wednesday 12th December

Christmas Party at Haddington Meeting

Thursday 13th December

Christmas Party at Dunbar Meeting

Monday 17th December

Pop Up Cinema at Musselburgh Meeting

Wednesday 19th December

Pop Up Cinema at Haddington Meeting

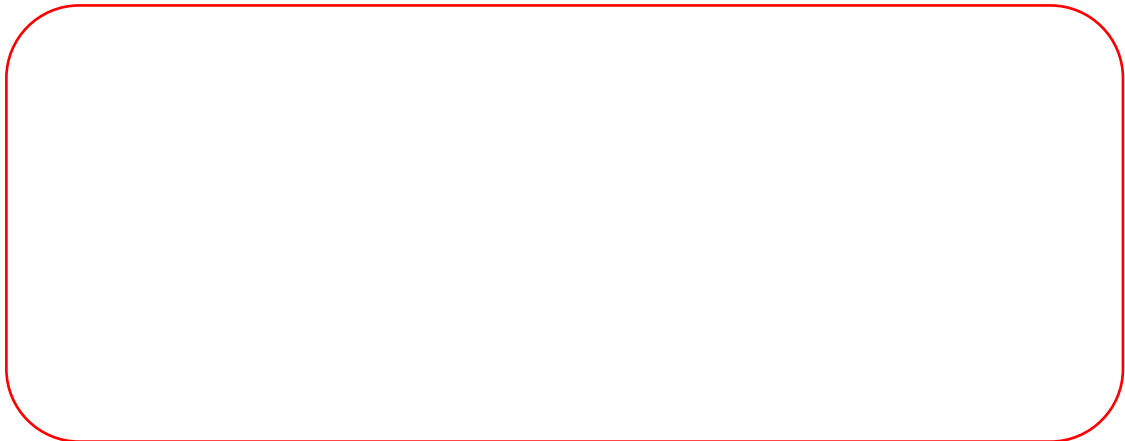
Thursday 20th December

Pop Up Cinema at Dunbar Meeting

Reminiscence Pod - Cinema

What will it be? Maybe an Oldie, or a Christmas Film, Thriller, Sci-Fi, Comedy, Romantic Comedy or even a Sing-a-long? Popcorn & ice-cream anyone - let us show you to your seats, sit back & relax - we will be watching the back row!

Headway East Lothian will be on holiday from Friday 21st December until Monday 7th January 2019



Do you remember?



Who can you remember from
Nov 2008
10 yrs ago

NOVEMBER AT HEADWAY

1	Thu	Dunbar	Arts & crafts with Linda
2	Fri		
3	Sat		
4	Sun		
5	Mon	Musselburgh	Dominoes, chat & puzzles
6	Tue		
7	Wed	Haddington	Arts & crafts with Linda
8	Thu	Dunbar	Film show & Christmas Planning
9	Fri		
10	Sat		
11	Sun		
12	Mon	Musselburgh	Christmas Planning 😊
13	Tue	Edinburgh	Headway Regional Meeting
14	Wed	Haddington	Board meeting & Film show
15	Thu	Dunbar	Arts & Crafts with Linda
16	Fri		
17	Sat		
18	Sun		
19	Mon	Musselburgh	Carers in the Café
20	Thu		
21	Wed	Haddington	Arts & Crafts with Linda
22	Thu	Dunbar	Games & Puzzles
23	Fri		
24	Sat		
25	Sun		
26	Mon	Musselburgh	Dominoes, chat & puzzles
27	Tue		
28	Wed	Haddington	Ronnie Pollock
29	Thu	Dunbar	Arts & crafts with Linda

30	Fri		
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We meet in three locations each week

<u>Date & Time</u>	Monday	Wednesday	Thursday
	1pm - 4pm	6.30pm - 8.30pm	1pm - 3pm
<u>Venue</u>	MECA Wallyford Rod MUSSELBURGH (Cafe for lunch or snacks)	Occupational Therapy Department, Herdmanflat Hospital Aberlady Road HADDINGTON	Hallhill Healthy Living Centre, Kellie Rd DUNBAR

Contact Us in any of the following ways

Jim Maryniak Convener	07920 195743 jimmaryniak@hotmail.com
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Richard Fairbairn Treasurer	077604 95851	Fiona Grant- MacDonald Secretary	feegramac@sky.com
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Development Officer Joyce Cattanach	07895 193974 headwayeastlothian@live.co.uk
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Joyce is also available at The Bleachingfield Centre, Countess Crescent, Dunbar, EH42 1DX, by appointment at the following times, and for outreach at other times. Mon 9.00am - 3.00pm Tue 11.00am - 3.00pm Wed 9.00am - 3.00pm Thurs Office at home Fri Office at home. Better to phone first in case Joyce is at a meeting.

Items for the newsletter to Robert Dalrymple
robert.dalrymple202@btinternet.com Tel 01620 844020



Improving life after brain injury Charity No **SC035535**.