



Headway
East Lothian
SC10
Newsletter

www.headway-eastlothian.org.uk



Issue 19/06

June 2019

N E X T O U T I N G



Safari Park Friday 7th June

**Therapy Dog Visit
Musselburgh**



Monday 3rd June

Summer at
Headway East Lothian

We're open as usual.

Page 3

Are you housebound
at the moment?





If so, we can come to see you.
Just give Joyce a ring.

She will make the necessary
arrangements

Funded by



Noticeboard

	<p>No carer meeting planned for June</p>
	<p>Next Board Meeting Wednesday 12th June 7.00pm at Haddington.</p>
	<p>We are pleased to welcome back to Musselburgh on 10th June, Patricia Eckersley with more exercises</p>
	<p>As you may know Dottie runs a Bonus Ball Scheme to boost funds each week. Bonus Ball numbers have become available so if you would like to join in please contact us on any of the usual details. It's £1.00 per week per number & you can win £35.00!</p>

Twins for adoption

We have twin dolls in their twin buggy that have been beautifully dressed & donated to the group to raise funds. We are holding a special raffle so if you would like tickets, they are available from Joyce at £2.00 per strip.



Outing

Friday 7th June Safari Park, bus will leave MECLC (Musselburgh East Community Learning Centre) at 10.00am sharp - returning approximately 4.00pm - dress for the weather, remember it is Scotland in June!

Friday 12th July Annual BBQ at Gordon & Dottie's 4 The Paddock, Seton Mains, EH32 0PG



12.00pm onwards or until the weather beats us ☺

Art Exhibition, 'Outdoor to Indoor Art'

We will be holding a public exhibition of our art project work with Linda McCann at the Dunbar Town House & Community Gallery from Friday 14th June until Friday 28th June. The exhibition will be open from 1.00pm - 5.00pm. You are all cordially invited to the Preview Day on Thursday 13th June at 1.30pm where you will get a chance to see the exhibition before the general public, help us celebrate the fantastic imaginations and creativity and see how we brought the outdoors indoors into our work.



Summer at Headway East Lothian

As usual we'll be open for business. Meetings will be held at Musselburgh, Haddington and Dunbar. There'll be outings and our annual arbecue in addition to our range of events.

So if you're not going away Headway East Lothian will be here for you.

Fundraising

Thanks to all those who supported and came along to the Lighthouse Hub in April for the fantastic Music Festival organized by the S6 Pupils from Preston Lodge High School with the assistance of their star technician Fiona Grant-MacDonald. It was a wonderful day & evening and raised the profile of Headway East Lothian and Brain Injury as well as lots of money, just under £1000!

Many thanks to our friends the Clark Community Choir who held a spectacular concert at Our Lady of Loretto Church on Saturday 27th April. We have not had the full amount raised yet but safe to say it was well worth it, what wonderful voices & music. Thanks to all the choir, to the Steeton Male Voice Choir, to Jamie McBride and to Sam the Piper. Thanks also to the Church and to Father Basil for donating the hire cost to Headway East Lothian.

The Quiz Night in the Goth was another great evening hosted by Fiona Grant-MacDonald – as well as having fun, learning a few facts, eating, drinking and making merry; they raised £190.00 for our funds – thank you all!

Walking on Broken Glass – thanks to all of you who sponsored Joyce for her daring feat (or feet) – all went well, no cuts at the end of the day and she raised £175.00 for the group.

We were donated the proceeds of the sales of a lovely camera & equipment and a Greenhouse – thanks to Ian & June Hume and to Anne & James Bissett and also to those who bought the items.

We would not be able to continue the work we do, supporting our brain injury survivors in their local communities, without all the hard work put in by friends and supporters so a BIG thank you to you all.

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1	Sat		
2	Sun		

3	Mon	Musselburgh	Therapy Dog visit
4	Tue		
5	Wed	Haddington	Around the world quiz
6	Thu	Dunbar	Around the world quiz 2
7	Fri	Outing	Safari Park
8	Sat		
9	Sun		
10	Mon	Musselburgh	Exercises with Patricia
11	Tue		
12	Wed	Haddington	Chat time
13	Thu	Dunbar	Exhibition Preview
14	Fri		
15	Sat		
16	Sun		
17	Mon	Musselburgh	Dominoes, puzzles & chat

18	Tue		
19	Wed	Haddington	Chatty café
20	Thu	Dunbar	Café Blether
21	Fri		
22	Sat		
23	Sun		
24	Mon	Musselburgh	Dominoes, puzzles & chat
25	Tue		
26	Wed	Haddington	Outdoor Activity
27	Thu	Dunbar	Outdoor Activity
28	Fri		
29	Sat		
30	Sun		

We meet in three locations each week

<u>Date & Time</u>	Monday 1pm - 4pm	Wednesday 6.30pm - 8.30pm	Thursday 1pm - 3pm
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<u>Venue</u>	Musselburgh East Community Learning Centre Haddington Road MUSSELBURGH H21 8JJ	Occupational Therapy Department, Herdmanflat Hospital Aberlady Road HADDINGTON EH41 3BU	Hallhill Healthy Living Centre, Kellie Rd DUNBAR EH42 1RF
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Contact Us in any of the following ways

Jim Maryniak Convener	07920 195743 jimmaryniak@hotmail.com
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Richard Fairbairn Treasurer	077604 95851	Fiona Grant- MacDonald Secretary	feegramac@sky.com
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Development Officer Joyce Cattanach	07895 193974 headwayeastlothian@live.co.uk
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Joyce is also available at The Bleachingfield Centre, Countess Crescent, Dunbar, EH42 1DX, by appointment at the following times, and for outreach at other times. Mon 9.00am - 3.00pm Tue 11.00am - 3.00pm Wed 9.00am - 3.00pm Thurs Office at home Fri Office at home. Better to phone first in case Joyce is at a meeting.

Items for the newsletter to Robert Dalrymple
robert.dalrymple202@btinternet.com Tel 01620 844020



Improving life after brain injury Charity No **SC035535**.